

## SATURDAY – 21 March 2009

FIELD	9.00am						
Shot (Area 4)	<b>101</b> U15B <b>102</b> U17B	<b>114</b> U14B	<b>127</b> U13B	<b>139</b> U9B			
Shot (Area 5)	<b>103</b> U15G <b>104</b> U17G	<b>115</b> U9G	<b>128</b> U13G	<b>140</b> U14G			
Discus (Area 3)	<b>106</b> U10B	<b>117</b> U12B	<b>129</b> U8B	<b>141</b> U11B			
Discus (Area 2)	<b>107</b> U10G	<b>118</b> U12G	<b>130</b> U8G	<b>142</b> U11G			
Discus (Area 1)	<b>131</b> U7G	<b>143</b> U7B					
Long (Area 4)	<b>108</b> U13B	<b>119</b> U13G	<b>132</b> U12B	<b>144</b> U12G	<b>152</b> U15G <b>153</b> U17G		
Long (Area 1)	<b>109</b> U9B	<b>120</b> U8G	<b>133</b> U9G	<b>145</b> U8B			
Triple (Area 2)	<b>110</b> U11B	<b>121</b> U11G	<b>134</b> U14B	<b>146</b> U15B <b>147</b> U17B	<b>154</b> U14G		
High (Area 2)	<b>111</b> U14B	<b>122</b> U15B <b>123</b> U17B	<b>135</b> U10B	<b>148</b> U12B			
High (Area 1)	<b>112</b> U14G	<b>124</b> U15G <b>125</b> U17G	<b>136</b> U12G	<b>149</b> U10G			
Javelin	<b>113</b> U11G	<b>126</b> U11B	<b>137</b> U15B <b>138</b> U17B	<b>150</b> U15G <b>151</b> U17G	<b>155</b> U13G		

### TRACK

9.00am

#### 1500m Finals

<b>201</b> U10G	<b>202</b> U10B
<b>203</b> U11G	<b>204</b> U11B
<b>205</b> U12G	<b>206</b> U12B
<b>207</b> U13G	<b>208</b> U13B
<b>209</b> U14G	<b>210</b> U14B
<b>211</b> U15G	<b>212</b> U15B
<b>213</b> U17G	<b>214</b> U17B

#### 400m Finals

<b>239</b> U9G	<b>240</b> U9B
<b>241</b> U10G	<b>242</b> U10B
<b>243</b> U11G	<b>244</b> U11B
<b>245</b> U12G	<b>246</b> U12B
<b>247</b> U13G	<b>248</b> U13B
<b>249</b> U14G	<b>250</b> U14B
<b>251</b> U15G	<b>252</b> U15B
<b>253</b> U17G	<b>254</b> U17B

#### 100m Finals

<b>215</b> U7G	<b>216</b> U7B
<b>217</b> U8G	<b>218</b> U8B
<b>219</b> U9G	<b>220</b> U9B
<b>221</b> U10G	<b>222</b> U10B
<b>223</b> U11G	<b>224</b> U11B
<b>225</b> U12G	<b>226</b> U12B
<b>227</b> U13G	<b>228</b> U13B
<b>229</b> U14G	<b>230</b> U14B
<b>231</b> U15G	<b>232</b> U15B
<b>233</b> U17G	<b>234</b> U17B

#### 60m Hurdles

<b>255</b> U8G	<b>256</b> U8B
<b>257</b> U9G	<b>258</b> U9B
<b>259</b> U10G	<b>260</b> U10B
<b>261</b> U11G	<b>262</b> U11B
<b>263</b> U12G	<b>264</b> U12B

#### 50m Finals

<b>235</b> U7G	<b>236</b> U7B
<b>237</b> U8G	<b>238</b> U8B

#### Minimum rest time after event to next track event:

1500m	40	Minutes
100m	20	Minutes
50m	15	Minutes
400m	40	Minutes
60 Hurdles	15	Minutes

## SUNDAY – 22 March 2009

FIELD	9.00am								
Shot (Area 4)	<b>501</b>	U10B	<b>512</b>	U8B	<b>524</b>	U12B	<b>536</b>	U11B	
Shot (Area 5)	<b>502</b>	U10G	<b>513</b>	U8G	<b>525</b>	U12G	<b>537</b>	U11G	
Shot (Area 1)					<b>526</b>	U7B	<b>538</b>	U7G	
Discus(Area 3)	<b>503</b>	U14B	<b>514</b>	U15B	<b>527</b>	U9B	<b>539</b>	U13B	
			<b>515</b>	U17B					
Discus(Area 2)	<b>504</b>	U9G	<b>516</b>	U14G	<b>528</b>	U15G	<b>540</b>	U13G	
					<b>529</b>	U17G			
Long (Area 4)	<b>506</b>	U14G	<b>518</b>	U11B	<b>530</b>	U11G	<b>541</b>	U14B	<b>545</b> U15B <b>546</b> U17B
Long (Area 1)	<b>507</b>	U7B	<b>519</b>	U7G	<b>531</b>	U10G	<b>542</b>	U10B	
Triple (Area 2)	<b>508</b>	U13B	<b>520</b>	U12G	<b>532</b>	U13G	<b>543</b>	U12B	<b>547</b> U15G <b>548</b> U17G
High (Area 2)	<b>509</b>	U9B	<b>521</b>	U13B	<b>533</b>	U11B			
High (Area 1)	<b>510</b>	U13G	<b>522</b>	U11G	<b>534</b>	U9G			
Javelin	<b>511</b>	U12G	<b>523</b>	U12B	<b>535</b>	U14B	<b>544</b>	U13B	<b>549</b> U14G

### TRACK

9.00am

#### 1500m Walks

**601** U17G  
**603** U15G  
**605** U14G  
**607** U13G  
**609** U12G

#### Finals

**602** U17B  
**604** U15B  
**606** U14B  
**608** U13B  
**610** U12B

#### 800m

**633** U9G  
**635** U10G  
**637** U11G  
**639** U12G  
**641** U13G  
**643** U14G  
**645** U15G  
**647** U17G

#### Finals

**634** U9B  
**636** U10B  
**638** U11B  
**640** U12B  
**642** U13B  
**644** U14B  
**646** U15B  
**648** U17B

#### 1100m Walks

**611** U11G  
**613** U10G

#### Finals

**612** U11B  
**614** U10B

#### 700m Walks

**615** U9G

#### Finals

**616** U9B

#### 200m

**649** U7G  
**651** U8G  
**653** U9G  
**655** U10G  
**657** U11G  
**659** U12G  
**661** U13G  
**663** U14G  
**665** U15G  
**667** U17G

#### Finals

**650** U7B  
**652** U8B  
**654** U9B  
**656** U10B  
**658** U11B  
**660** U12B  
**662** U13B  
**664** U14B  
**666** U15B  
**668** U17B

#### 70m

**617** U10G  
**619** U9G  
**621** U8G  
**623** U7G

**618** U10B  
**620** U9B  
**622** U8B  
**624** U7B

#### 80m Hurdles

**625** U13G  
**627** U14G

#### Finals

**626** U13B

#### 90m Hurdles

**629** U15G

#### Finals

**628** U14B

#### 100m Hurdles

**631** U17G

#### Finals

**630** U15B  
**632** U17B

#### Minimum rest time after event until next track event:

70m 15 Minutes  
80 Hurdles 15 Minutes  
90 hurdles 25 Minutes  
100 hurdles 30 Minutes  
800m 40 Minutes  
200m 30 Minutes

Minimum time between walks and 800m: 60 Minutes