

ACT BRANCH

Australian Track & Field Coaches Association (AT&FCA)

ITEMS OF INTEREST

- Who we are

UP & COMING EVENTS

- Level 1 Course 21st & 22nd November 2009
- Level 2 Course – Core unit 1st November 2009 – Event Specific 15th & 29th Nov

CONTACT DETAILS

President – Dennis Goodwin

Goodwin@broadleaf.com.au

M: 0412 518 980

Vice President – Debra Moran

Deb.moran@hotmail.com

M: 0412 759 957

Secretary/Treasurer – Alan

Bishop

Ph: 6231 0601

Assistant Course Coordinator

– Michael Spencer

romic@homemail.com.au

ph: 0419 627 747

Level 2 Course Coordinator-

Les Bottles

stubbie@actewaql.net.au

m: 0402 298 949



AT&FCA provide Australia's best Track & Field coaching courses. Recognised world wide we have tailored packaged a program that is not only beneficial to you as an inspiring coach but will also benefit your athletes.

AT&FCA has been the back bone to coaching in Australia for over 35 years and it is our experience and added knowledge that has led the way in providing coaching of great standing, of which many of our coaches have coached National and International Athletes to the Ultimate level in Athletics- the Olympics.

Level 1 Coaching Course

Commonwealth Room
AIS Track, Bruce.

Sat 11am -5.30pm
Sun 8.30am -5.30pm

Cost
\$350

A **Deposit of \$50** is required
For all courses 10 days prior

- Please check with your club about reimbursements (ACTLAA will reimburse 50% of the course cost to registered Little A's centres)

Level 2 Coaching Course

Commonwealth Room
AIS Track, Bruce

Core - Sun 1st Nov 8.30am- 2pm

Throws –15th Nov

Sprints –15th Nov

Endurance –29th Nov

Jumps –29th Nov

Cost
Core - \$90
Event Specific - \$75 each



Track & Field
Coaching