



IGA MULTI EVENT CARNIVAL

SUNDAY 8 November 2009, 9am – 3pm (approx) AIS ATHLETICS FIELD, BRUCE.

ENTRY: OPEN TO ALL ACTLAA REGISTERED U8 to U17 ATHLETES.

COST: FREE

Athletes compete in 4 (U8 – U12) or 5 (U13 – U17) events as follows:

*****NOMINATIONS CLOSE SATURDAY 24th October 2009*****

	Events for multi-event points
U8 G & B	70m, 200m, Long Jump, Shot Put
U9G & B	100m, 800m , Long Jump, Shot Put
U10G & B	100m, 800m, Long Jump, Shot Put
U11G & B	100m, 800m, Long Jump, Shot Put
U12G & B	100m, 800m, Long Jump, Discus
U13G & B	100m, 800m, 80m Hurdles, Long Jump, Discus
U14G	100m, 800m, 80m Hurdles, Long Jump, Discus
U14B	100m, 800m, 90m Hurdles, Long Jump, Discus
U15G	100m, 800m, 90m Hurdles, Long Jump, Discus
U15B	100m, 800m, 100m Hurdles, Long Jump, Discus
U17G & B	100m, 800m, 100m Hurdles, Long Jump, Discus

Medals will be awarded to 1st, 2nd and 3rd best overall point scorers in each age group.

Athletes must compete in their approved Centre Uniform, complete with current age patch and registration number. The wearing of footwear is mandatory.

All track events will be time trials only and competitors will be allowed three (3) trials only in all field events.

The wearing of running spikes is permitted only in the Under 9 and above age groups, however the wearing of spikes is not permitted in non-laned track events (ie 800m) for any age group. The actual spikes must be no longer than 7mm at the Bruce Athletics facility (5mm is optimum).

As Bruce is an all weather track, the Carnival will be held on the stated day regardless of the weather.

Certificates will be provided to all athletes who compete listing their performances in each event.



PLEASE PRINT CLEARLY

PLEASE TEAR OFF AND PLACE IN BOX AT ANNOUNCING TENT

Name: _____ Rego Number: _____

Age group: U _____ Boys/Girls (Please circle)

Name: _____ Rego Number: _____

Age group: U _____ Boys/Girls (Please circle)

Parent Name: _____ Signature _____

****ALL PARENTS ARE EXPECTED TO ASSIST WITH OFFICIALLING DUTIES*******

Preferred time to assist: 9am-11am / 11am-1pm / 1pm-3pm (Please circle)

Preferred event shot / discus / long jump / marshalling / other