



WODEN/WESTON LITTLE ATHLETICS CARNIVAL

Woden Park, Ainsworth Street Phillip

SATURDAY 16 January 2010

Commences at 9.00am sharp

Entry is open to athletes currently registered with a Little Athletics centre.

An entry fee of \$5.00 per athlete applies. The entry fee is payable at the gate on the day.

All athletes will receive a participation ribbon. Place ribbons will be awarded to the first three place-getters in all events.

Entries close on Friday 8 January 2010.

| | Events |
|---------|--------------------------------------|
| All U6 | 50M, 70M, 100M, LONG JUMP |
| All U7 | 70M, 100M, 200M, LONG JUMP, DISCUS |
| All U8 | 70M, 100M, 200M, LONG JUMP, SHOTPUT |
| All U9 | 100M, 200M, 800M, LONG JUMP, DISCUS |
| All U10 | 100M, 200M, 800M, LONG JUMP, SHOTPUT |
| All U11 | 100M, 200M, 800M, HIGH JUMP, DISCUS |
| All U12 | 100M, 200M, 800M, LONG JUMP, SHOTPUT |
| All U13 | 100M, 200M, 800M, HIGH JUMP, DISCUS |
| All U14 | 100M, 200M, 800M, LONG JUMP, SHOTPUT |
| All U15 | 100M, 200M, 800M, HIGH JUMP, DISCUS |
| All U17 | 100M, 200M, 800M, LONG JUMP, SHOTPUT |

NOTE: Where events are not offered in an age group, athletes may compete in the next higher age group.

EVENT RULES: The Carnival will be conducted under ACTLAA (U6-U17) rules; however local rules (Woden LAC) take precedence. Footwear must be worn for all events. Competitors must wear Club uniforms with current age patch and registration number. Track events will take precedence over field events. Place ribbons will be awarded in heats of all track events, there will be no finals. In field events all competitors will be allowed three trials only.

CAR PARKING: Car parking is available at Phillip District playing fields and the CIT on Ainsworth Street. There will be no parking available inside Woden Park.

CANTEEN: Canteen facilities will be open from 8.30am onwards.

POSTPONEMENT: If weather conditions prevent the carnival from being run notification will be posted on **Web Site** (www.wlac.org) and broadcast radio stations 106.3 and 104.7 FM.

To enter please email the following form to info@wlac.org with the following information:

Athlete Name:

Date of Birth:

Little Athletics Age Group:

Centre/Club:

Registration Number:

Enquiries can be directed to Phil Alchin on 02 6244 5529 or info@wlac.org

Hosted by Woden and Weston Creek Little Athletics Clubs